
STEPS TO REDUCE INFECTION WITH NEUROMODULATION

BEFORE YOUR PROCEDURE

- Quit smoking
- Buy new pyjamas and two pairs of new underwear to take to hospital
- Cultures of the skin of sacrum and nose, will have been taken at the time of your trial – if not, please alert us and your GP can do these
- If skin culture is positive: Use an antibacterial surgical wash such as chlorhexidine wash (available at most chemists) in the shower for your low back and crack area the day before and the morning of your surgery. You may also be given oral antibiotics.
- If nasal culture is positive for Staphylococcus Aureus: Use an antibiotic nasal ointment (doctor's script required) twice a day for 5 days before your surgery
- Book a wound check-up appointment at WHRIA approximately day 5 after surgery
- Book a post-operative appointment with your physician and a programming appointment at WHRIA at day 10-14

WOUND CARE

A neuro-modulator is a foreign body and any infection, however small, can develop into a major problem over the course of the first weeks or months. It is vital that optimal healing is promoted.

- Keep the dressing from the hospital on for five days at least.
- If the dressing falls off, please let us know and re-dress your wound with clean sterile dressing from the chemist. Alternatively make an appointment to see your GP.

Please notify us immediately on 1300 722 206 if you notice any of the following signs of infection:

- Red, raised or splitting open of wound
- Pus or fluid oozing from wound
- Tenderness to light pressure (through the dressing)
- Feeling generally unwell
- Fever or sweats

Reduce your infection risk:

- Do not smoke
- Clean underwear each day and clean pyjamas each night for one week on return home
- Shower daily with antibacterial body wash for 7 days, pat dressings dry (avoid rubbing)
- Have someone look at the dressings each day, for bleeding, smelling and oozing, testing for tenderness with light pressure through the dressing with clean hands or gloves. If you are not sure, please call us on 1300 722 206