



## CERVICAL BIOPSY - POST PROCEDURE INSTRUCTIONS

Small biopsies (small pieces of tissue) have been taken from your cervix. The tissue will be sent for examination by the Pathologist, to determine if there is an abnormality present.

### IMMEDIATELY FOLLOWING THE PROCEDURE

You may experience a pinching sensation at the time of the biopsy, followed by pelvic cramping for around 20 minutes after the procedure. This should gradually ease over the next few hours. There may be some bleeding present. The solution from the examination may also be visible causing a brown discharge. Please wear a sanitary pad to manage the bleeding and protect your underwear.

If you are uncomfortable, please take simple painkillers such as paracetamol or ibuprofen.

### WHAT TO EXPECT OVER THE NEXT FEW DAYS TO 2 WEEKS

#### **Cleaning**

You are able to shower, but please avoid baths until the bleeding has completely stopped. Please do not douche inside the vagina.

#### **Pain Relief**

It is normal to have some discomfort or pain for a day or two after the procedure. You can continue to take some simple pain relief (paracetamol or ibuprofen as per the instructions on the packet).

You will need to wear a sanitary pad as there is likely to be some bleeding. A small amount of blood or yellowish discharge is normal.

#### **Activity**

Please avoid tampons, sexual intercourse, swimming, spas, baths and heavy exercise until the bleeding has stopped (this varies between 1 -7 days).

#### **Signs of Infection**

If you experience severe pelvic pain or cramps, feel feverish / febrile or develop an offensive smelling discharge please contact us at WHRIA on 1300 722 206 or your General Practitioner, as you may require antibiotic treatment.